

# Supervision in the Czech Republic



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# Historical background in supervision praxis



## 1. Supervision as part of psychoterapy:

1950th- czech psychoanalysts

1960th- as a part of the training community SUR

1980th- Balint groups (psychotrapeutic institute)

## 2. Supervision in the field of social work:

1995- drug prevention system K-centres

1995- supervision of practice at Charles University

1999- social work projects requirements at MOLSA

# Training in supervision



- 1996 - Phare project FFUK, Socium Carolinum inviting british EDSAL + uni Warwick, training of trainers of supervision
  - ➔ FHS UK university program in 2000 - orientation on ANSE standards
- 1997 - Julie Hewson TA psychotherapist- training for experienced psychoterapists
  - ➔ Czech institute for supervision ČIS- 2001 EAS standards
  - ➔ ČMISK 2013 EASC standards

# Contemporary institutional development



- 3 serious training providers: FHS UK, ČIS, since 2013 ČMIS
- 2008- Consensus of training providers on minimum standards
- 4 trials to negotiate a common National association for supervision already failed (2004, 2008, 2010, 2013)
- Low number of face to face training, which is against standards of ANSE seems to be an obstacle???

# Fields where supervision is used



- Social services – very common – obligatory since **2006 by act from MOLSA**
- Psychotherapy – common, as a part of certain „schools“ (like Gestalt). Recognised supervisors at the web page of their associations.
- Schools and school facilities – seldom – **guidelines from MŠMT 2010**- ČMIS aspires to promote and train school supervisors
- Health care– rare – as trained supervisors  
about 10 nurses, 10 psychiatrists, cca 5 medical doctors of other fields

# Publications and research

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- Havrdová, Z., Hajný, M.: Praktická supervize. Galén, Praha, 2008, ISBN: 978-80-7262-532-1
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- Havrdová, Z. Supervize v sociální práci. in Matoušek a kol. Metody a řízení sociální práce. Praha: Portál, **2013**, 3.vyd. s. 357-379, ISBN 978-80-262-0213-4, 400 s.